

Happy May Alder Grove Families,

A bit of March rain, a little sunshine, and some of the usual wind and clouds...it must be spring on the North Coast!

CAASPP Testing: Thank you so much for bringing your students in for statewide testing. With the high stakes consequences for our school, please know that we appreciate your efforts more than ever. Thanks as always to Stefani for coordinating the testing, and to all of the tech and proctoring help everyone has given! And a warm welcome to Randi, who will be taking on the Assessment Coordinator position for next year.

College, Career, and Community Events: Thank you to Jen B., who has been busy organizing the High School Information Day and a CTE showcase that highlights all of our programs on April 8th. It was a wonderful, informative event. Also, thank you to Aly for all of her hard work leading our first Community Service Club, including recent community work days where our students helped to beautify Eureka Dog Park and worked at Sequoia Park! Wow! See more information later in the newsletter.

Parent Involvement: Thank you to our dedicated Governance Council and Leadership Team members! Our Governance Council meetings are in person and the Leadership Team continues to utilize the flexibility of virtual meetings. *In addition, both the Governance Council and Leadership Team are always looking for parent volunteers who want to meet regularly and make decisions for the good of our amazing school.* We love to have parent input! Call the school if you are interested.

2024-2025 Classes: Our class teachers have submitted exciting class proposals and a full schedule of classes has been finalized for next year. Thank you to our staff, especially Becky, for her hard work! Check the website and watch your mail for more info!

Mental Health Workbooks: Let's face it, sometimes life is tough for us all, which can be especially true for students. We will continue to offer social-emotional learning workbooks next year at no cost to student budgets in hopes that some of these issues can be addressed. Some topics include anxiety, depression, interpersonal relationships, gaming addiction, and organization. Look for a display in the waiting area soon. Talk to your CT if you are interested.

Graduation: Thanks to Randi and her team of amazing staff for organizing our upcoming graduation at the Eureka Theater. Congratulations to our 8th grade and Senior graduates!

I am excited for the end of the year party on May 3rd, school musical on May 17th, graduation on May 23rd, and am especially excited about hopefully getting a little rest and rejuvenation this summer. What a busy, fulfilling year it has been. Happy May, everyone!

Tim Warner, Director

ALDER GROVE CHARTER SCHOOL HOURS OF OPERATION:

8:30am—4:30pm

Library Hours: 9am—4pm

CR Schedule is visible and high school students can register for Summer, Fall, and Spring now if they have submitted a CR application and new concurrent enrollment form.

We are rapidly heading toward the end of the school year. Make sure you are attending all of the end of the year events that you want to and getting ready for a spectacular Summer!

VIRTUAL CTE CLASSES

LET'S LEARN TOGETHER



SPORTS
MEDICINE



CULINARY



FIRE
TECHNOLOGY



COMPUTER
SCIENCE



ENTREPRENER-
SHIP

- 10 CREDITS PER SEMESTER
- FREE
- ALL COURSES ARE ASYNCHRONOUS (STUDENT'S COMPLETE WORK ON THEIR OWN TIME)
- ALL COURSES ARE PROJECT BASED
- ALL ENROLLED STUDENTS WILL BE ASSIGNED AN INSTRUCTIONAL AID TO CHECK IN AND SUPPORT THROUGHOUT THE YEAR

EMAIL JEN
BURTRAM BY
MAY 20 TO
REGISTER



MEAL PROGRAM / WELLNESS POLICY

Check out the Alder Grove Meal Program tab on our website for links to healthy celebration treats and non-food rewards for students, healthy school fundraising ideas, and a Smart Snacks calculator and list of food and beverages that meet the Smart Snack nutrition standards.

Also, don't forget that Alder Grove serves breakfast and lunch to all students FREE of charge with no application or sign-up required!

Breakfast is offered:

Monday — Friday from 8:35am until 8:55am.

Lunch is offered:

Monday — Thursday from 12:40pm until 1:05pm,
and on Friday from 12:00pm until 12:25pm.



PBIS BOOK OF THE MONTH

When you're feeling anxious, it can seem like the whole world is crashing in around you. Your heart starts racing, your thoughts feel jumbled, and you may feel like something terrible is going to happen, or worse. You aren't alone. In fact, millions of teens experience anxiety. The good news is that there are proven-effective tools you can use now to take control of your anxiety so you can focus on the stuff you love. This book will guide the way.

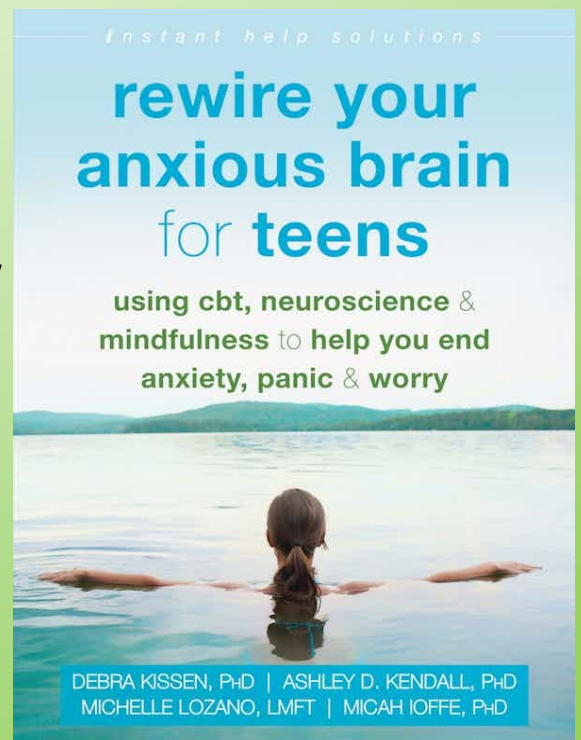
Drawing on powerful cognitive behavioral therapy (CBT), neuroscience, mindfulness, and acceptance commitment therapy (ACT), this book will show you the ten most effective methods for "rewiring" your anxious brain. You'll learn:

- How to calmly observe your anxiety
- What feeds your anxiety, and how you can "starve" it instead
- Guided meditations for overcoming anxious thoughts
- Strategies to help you balance your emotions when fears and worries show up
- How to deal with uncertainty, perfectionism, and procrastination

Most importantly, you'll learn that you are *stronger* than your anxiety, and you have the power to take control of your fears. Let's face it—being a teen today is stressful and sometimes scary. But if you're ready to put anxiety in its place and start focusing on the things that matter to you the most, this much-needed guide can help get you started.

Click here for more information:

<https://www.newharbinger.com/9781684033768/rewire-your-anxious-brain-for-teens/>



On Campus & Virtual Labs

All labs are free.



Learning Lab

Monday-Friday

9:00-3:00



Learning Lab

Monday	Tuesday	Wednesday	Thursday	Friday
Suzanne (9:00-1:00)	Jasper (9:00-10:15)	Cassie (9:00-1:00)	Jasper (9:00-10:15)	Travis (9:00-3:00) *Learning Lab is in Room 2 on Fridays
	Tavia (10:15-12:00)		Tavia (10:15-12:00)	
Tavia (1:00-3:00)	Cassie (12:00-3:00)	Rachael (1:00-3:00)	Cassie (12:00-3:00)	



Science Lab

Grades 5-12

Mondays, 2:10-3:30
(on campus or virtual)

Virtual Link:



Zoom Link: <https://zoom.us/j/98450313082?pwd=UzhWUkw2dmpFSGZPWGpiclFvYTFBUT09>

Google Classroom Join Code: 7w14szh

The Science Lab is a place for students to come for help with their science coursework or to complete hands-on science labs. Additionally, the Science Lab supports students pursuing A-G Independent Study credits in Biology and Chemistry using the Inspire Biology or Chemistry curriculum and is supported with online labs.

Spanish Games/Homework Help

Grades 4-12

Mondays, 1:10-2:05
(on campus or virtual)

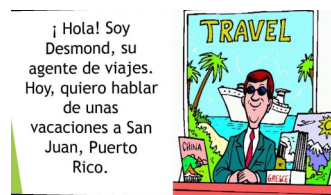
Join Zoom Meeting

<https://zoom.us/j/7282229011?pwd=aDQ3NDlDdkdtZXBxOVZaU0piTXZaQT09>

Meeting ID: 728 222 9011

Passcode: Hola2023

The first half hour of this free lab will focus on in-person games designed to increase students' Spanish fluency. The second half hour will include any student who needs homework help with their Spanish both in person and online.





Photos from High School Info Night



Photos from Dress like your CT/Student Day



MENTAL HEALTH SCREENINGS—IMPORTANT INFORMATION

Across the country there is growing recognition of the importance of meeting the mental and behavioral health needs of children, and the critical role of schools in doing this work.

- One in five students suffers from a mental health disorder and roughly 80% of children who are in need of mental health services do not receive them
- Recent data collected during the COVID19 pandemic indicates that roughly one in four students over the age of 11 have experienced suicide ideation
- Suicide is the second leading cause of death of children between 12 and 17 years of age
- 70–80% of students who do receive mental health services receive them in school
- Students are more likely to seek help if they need it if services are available in schools



It is common practice for schools statewide and nationwide to use a mental health screening tool to gather social, emotional data to inform mental health supports. Alder Grove Charter also uses a mental health screening tool with 4th-12th grade students to gather this data.

Universal screening data will be used for:

- Examining the pulse of our school and understanding the unique needs of our students as a whole and individually.
- Informing and implementing a range of mental and behavioral health supports and interventions.
- Early intervention for students identified as being at risk for mental health issues (which is known to be critical in prevention of worsening issues).
- Ongoing safety and crisis prevention.
- Engaging in a broad range of community partnerships to further support students and families.
- Informing professional development for school staff, families, and communities.

Universal screening data will NOT be used for:

- Labeling students with mental health disorders. (Mental health disorders can only be diagnosed by medical doctors.)
- Mandating support services for individuals or groups. All supports are optional and will follow the “family choice” motto of Alder Grove.
- Pushing interventions that families would not like for their student(s).
- Sharing information about individual students with anyone outside of a relevant school team, including parent/guardians.

The universal screening tool being utilized is called the Behavioral and Emotional Screening System (BESS) and consists of a short student survey that is estimated to take 3-5 minutes to complete. The BESS student survey examines internalizing risk, self-regulation, and personal adjustment. All data gathered is confidential, and individual data will not be shared with those outside of relevant school staff and parent/guardians.

CTs will complete online surveys with students during the month of September. A very high participation rate is critical to informing our efforts. Even if you do not have concerns, **it is the expectation that all students in the 4th-12th grades will participate.**

Please reach out to Nichole Dollarhide, Director of Special Services, School Psychologist (572-0099), or Crystal Collins, School Psychologist (572-6846) if you have any questions or concerns. Specific information about screening tool administration will be shared with your CT in the next couple of weeks.

nichole.dollarhide@aldergrovecharter.org

crystal.collins@aldergrovecharter.org



GODWIT DAYS STUDENT ART CONTEST

Maryce McCovey (8th Grade)
Pencil Drawing



MANY OF OUR TEACHERS LOVE

MYSTERY science

SCIENCE LESSONS WITH ENGAGING HANDS-ON ACTIVITIES!
TAKE IT FOR A TEST DRIVE.
YOUR STUDENTS MIGHT LOVE IT TOO!

USE THIS LINK OR SCAN THE QR CODE TO
SIGN UP WITH OUR SCHOOL'S SUBSCRIPTION
USING YOUR STUDENT'S SCHOOL EMAIL:
mysteryscience.com/start?school_id=326959



SCAN ME



Our ultimate goal is to ensure that the next generation of children grow up and see that it's an amazing world we live in, full of possibility and wonder—and that they develop the ability to figure things out for themselves.

JOIN TRACK THIS SPRING



THE SEASON IS 4/22/2024 - 5/31/2024

3 MEETS!

GRADES 7-12

We have the opportunity to participate in a short Track season this year! The 3 meets at Fortuna Middle School are on 5/7, 5/14 and 5/31. If there are any interested runners please let Cedar know!

CEDAR.SMITH@ALDERGROVECHARTER.ORG

YOU HAVE BEEN SUMMONED FOR JURY SERVICE

Alder Grove Charter School Proudly Presents:

**THE
BIG
BAD
MUSICAL**
A HOWLING
COURTROOM COMEDY

Book by Alec Strum; Music and Lyrics by Bill Francoeur

Step 1: You are hereby summoned to the
Eureka Theater @ 612 F Street, Eureka

Step 2: Doors open at 6PM on
Friday, May 17, 2024

Produced by special arrangement with
Pioneer Drama Service, Inc., Englewood, Colorado

Juror ID #: 001001

Group #: 1234

Please bring this postcard with you at the appointed time.



**END OF THE
YEAR PARTY**

May 3 | Friday | 5-7 PM
AGCS Parking Lot

- *Nature Joe
- *Photo Booth
- *Face Painting
- *Shaved Ice
- *Popcorn
- *Ice Cream Truck (Bring \$ for Ice Cream)
- *Games and More

**Spring Music
Performance**

Friday May 17, 2024
10am-12 pm

Dance
Piano
Choir
Vocal

Theatre Arts Performance
Intermediate Guitar
Intermediate Rock Band
Advanced Rock Band

AGCS
SPRING ART & CRAFT FAIR

AGCS PARKING LOT

FRIDAY
3RD MAY
5PM TO 7PM

BRING \$ TO BUY AGCS STUDENTS
HANDMADE ITEMS.

This event is the same
night as the End of the
Year Party.

Sign up by emailing
Randi at
randi.mead@aldergrove
charter.org

CSU The California State University



SUMMER ALGEBRA INSTITUTE

at Cal Poly Humboldt

FREE in-person STEAM day camp for rising 8th - 10th graders

Tuesdays, Wednesdays, & Thursdays between July 16 - August 1
8:30 AM - 4:00 PM

- Meet STEAM professionals and discover diverse career paths!
- Engage in hands-on activities centered on current events, environmental engineering, robotics, college knowledge, and more!
- Improve your math skills from basic to advanced and potentially earn 5 elective credits toward graduation!
- Engage in lively discussions about cultural knowledge and contributions to the field of mathematics!



APPLY TODAY!
Contact TRIO Talent Search, at 707-826-4791
<https://forms.gle/wPGDJPWFMkEfzSyj6>



INK PEOPLE CENTER FOR THE ARTS

MARZ

MEDIA ARTS RESOURCE ZONE

INKPEOPLE.ORG/MARZPROJECT

marzproject@inkpeople.org | (707) 442-8413

MEDIA ARTS TRAINING FOR YOUTH AGED 12-26

627 3RD ST IN EUREKA

VISIT OUR WEBSITE TO FIND THE LATEST UPDATES & DROP-IN IN HOURS!




NATIONAL ENDOWMENT for the ARTS arts.gov




TASI

TRADES ACADEMY SUMMER INSTITUTE
an Education @ Work Initiative



Explore Careers in Trades!

June 17-28 at College of the Redwoods

TESI is a free two-week summer education program that provides local high school students the opportunity to explore careers and acquire skills in product manufacturing, welding, and construction techniques.

Visits with local industry partners will be included in the program and participants will have the opportunity to earn OSHA 10 certification.

Topics covered include:

- Fabrication
- Welding
- Construction
- Workplace Safety



Scan the QR code to fill out an interest form!
For more info or to apply, contact **Ann Marie Rocha** at arocha@hcoe.org or 707-441-3954.





TESI

Technology Exploration Summer Institute
An Education at Work Initiative

Explore Tech Careers!

June 17 - July 12 at College of the Redwoods



Sign up to get exclusive info here!

TESI is a free four-week summer education program that allows local high school students to explore career fields in Information and Communication Technology (ICT). *Space is limited! Priority may be given to graduating Seniors & early applicants.

Follow us on Facebook 



Questions? Email: Ann Marie Rocha at arocha@hcoe.org

Covered topics to include:

- TESI Fundamentals
 - Explore the six main domains of ICT.
 - Visit local worksites that showcase technology.
- TESI AI
 - Targeted for students who have previous experience in computer programming.
 - Dive into Artificial Intelligence (AI) and many other domains.
 - Explore careers through a short, work-based learning experience.



Former TESI student, Varien Goode helped create the figure on the left.






May 6–10 2024 TEACHER APPRECIATION WEEK

Let's take this week to let all of our teachers know how much we appreciate their hard work, dedication, expertise and support.

Here are some suggestions for making this week special for your teachers:

- **FLOWERS:** Bring a few flowers to your teachers this week.
- **WRITE A CARD:** Come and visit the **CARD TABLE** at school and write a card to your teacher. Let them know what you specifically appreciate about them. Of course, you can do this at home as well. Add a beautiful drawing!
- **TREAT YOURSELF TO A MORNING CUP OF COFFEE:** If you are dropping your student off on Monday or Tuesday of this week, stop by the table and grab a coffee and a treat as a small token of appreciation for you as your child's educator.
- **BRING YOUR CT A TREAT:** Are you meeting with your CT this week? Maybe you can bring them a homemade treat.
- **GIVE PERSONAL APPRECIATION:** When you see one of your teachers, give them a smile, a hug, or just say "Happy Teacher Appreciation Week!"



EARLY COLLEGE PROGRAM!

Earn high school and college credit at the same time!

NO COST TO STUDENTS!

- Complete a CR online application
- Complete a concurrent enrollment form and return to the office
- Register for classes within two business days
- Contact your CT or jen.burtram@aldergrovecharter.org for more info

Students can take any classes offered at CR including ASL, Science, Math, English, Art, Theater, Spanish, Construction, Computer Science, History, Music...and MORE!! Check it out www.redwoods.edu



COLLEGE CREDIT FOR WORKING AND VOLUNTEERING!

- Apply to CR online
- Complete a Concurrent Enrollment Form
- Sign up for CR Work Experience (Through AG and put on master)
- Pick one day/time per week to check in virtually or in person with instructor (Jen) for 10 mins.
- Earn 1 college credit per semester.

Sign up for a FREE Math and/or Reading program

Did you know that is as little as 15 minutes a day, your student can work towards closing gaps they have in Reading and/or Mathematics? Ask your CT today if you would like for your student to participate in this FREE program, courtesy of Alder Grove Charter School!

Targeted Intervention that Delivers a Better Path Forward

Edgenuity MyPath® K-5 and MyPath® 6-12 are personalized learning programs for reading and math that deliver high-impact, engaging lessons that target the specific skills students need to get back to grade level. These innovative programs tailor learning to the needs of each student with technology that prioritizes age-appropriate content and optimizes learning to maximize student success.



ELEMENTARY SCHOOL



MIDDLE + HIGH SCHOOL

May 2024

Sun

Mon







Tue

Wed

Thu

Fri

Sat

			1	2	3  End of Year Party plus Art & Craft Fair In Parking Lot 5-7pm	4
5	6	7	8	9	10	11
Teacher Appreciation Week						
12	13	14 Governance Council 10:30am 	15	16	17 Spring Performance 10am-12pm Big, Bad Musical Eureka Theater 6pm	18 Last Day of Classes 
19	20	21	22	23 GRADUATION! Eureka Theater 8th Grade 3:30 12th Grade 5:30 	24 	25
26	27	28	29	30	31	

Alder Grove Charter School
714 F Street
Eureka, CA 95501