



Hello Alder Grove Families,

What an exciting school year already! I love that students and staff are on campus safely, engaging classes and courses are running, and teachers seem energized. I hadn't seen most of these students in person for over a year and *my have they grown!* It's been really fun to reconnect. I hope you and your family are staying safe and healthy as we head into autumn. A special thank you goes out to our hard-working firefighters and emergency responders who have been battling aggressive wildfires on top of a pandemic. You are so appreciated.

Big Thank You: I would like to recognize our School Coordinators: Jen Burtram, Stefani Gambrel, Aimee Simmons, Kathy Yeager, and Terri Tripp. Jen organizes both college and career information for students, including our growing CTE programs. If you have any questions regarding your post-high school plans, schedule an appointment with her. Stefani coordinates both academic support programs as well as state mandated testing. Aimee continues to coordinate our morning meal program as well as online courses for students. Kathy and Terri train and advise our teachers in a very challenging, details-rich job. Of course, like everyone at Alder Grove, they all take on any other task that will support our students.

All of these folks, teachers, office staff, and school coordinators are immensely helpful to our school and the success of Alder Grove students. I certainly couldn't do my job without them all.

Re-engagement Notice: You may notice a new regular email from us in your inbox. With the passage of AB 167, we are required to send a re-engagement notification when your tk-3rd grade student misses the daily opportunities for synchronous instruction for more than 60% of the school week and your 4th-12th grade student misses 60% for the month. While we are very excited to see our students more frequently, we understand that many families don't require these opportunities in order to complete their schoolwork. We are simply required to notify you. If you would like your student to attend these instructional opportunities, talk to your CT.

Reminders: Because they are a fountain of knowledge, please contact your student's CT first when you have questions related to Alder Grove. Also, be watching your mailboxes for class progress reports. We will be holding AAIM (Academic and Attendance Intervention Meetings) for students who are failing so we can brainstorm supports and systems for success.

Statewide Assessments (CAASPP): And finally, it's not too early to start thinking about standardized testing even though we're not entirely sure how it will look. The format for this year's statewide assessments will depend on a myriad of factors, including safety and health guidance from county and state health departments, and the CDE. We're in a tricky spot as a charter school because under AB 1505, our standardized test scores will be an important piece utilized by the charter authorizer to determine renewal. *In other words, these test scores are even more important than ever.* As we receive information about test preparation and testing, we will pass that on to you. Thank you for sending your students in for assessments and also for understanding our balancing act between parent choice and accountability as we strive to provide a personalized education for each student, as well as keep our charter and stay open.

Happy fall all y'all!
Tim Warner, Director



Breakfast Program / Wellness Policy

Check out Alder Grove's School Wellness Policy under the breakfast program tab on our website or <https://www.aldergrovecharter.org/wp-content/uploads/2019/11/Wellness-Policy-1.pdf>.

If you would like to be on the School Wellness Committee, or would like a copy of the School Wellness Policy implementation plan or documentation of our progress, please contact Aimee Simmons at aimee.simmons@aldergrovecharter.org for more information.

If you're looking for ways to promote health and fitness for your student, here is a great website to visit:

<https://www.healthiergeneration.org/campaigns/kohls-healthy-at-home>

In addition, Alder Grove provides a bike rack (and a free lock (no chain)) for students to safely lock up their bikes while on campus!

BELLA'S KITTEN CARE

My family and I foster kittens for Sierra Pacific Furbabies Rescue. We have fostered kittens for 8 years, and they get adopted out when they are 8 weeks old. Sometimes we get them when they are first born and other times they are born at our house. We get some kittens when they are a few weeks old. We have been fostering kittens for four generations. My great grandmother was the one who started fostering kittens first.



One of my jobs is helping feed the kittens for the first 8 weeks. We have a whole process of feeding the kittens because of their age. First we have to give them a special kitten formula in a small bottle with a special nipple, so if they can't latch on to the nipple they can still eat. When they are four weeks old we make them gruel, which is wet food mixed with the kitten formula. Then we give them wet food and after that we start them on dry food.

During the time we have the kittens, we take them to the vet for check ins. We make sure that they are healthy so they can go to good homes. Sierra Pacific Furbabies Rescue helps us pay the kittens medical bills, so we only have to pay a little bit of the bill. The kittens we get sometimes need a lot of help to make them healthy, if they have a bad injury or if they are sick. We do a lot to help the kittens the best we can.



There are many things we have to teach the kittens that helps them get a good home. One thing I teach them is how to play with toys. Another thing we have to teach them is how to use the litter box, because when they are little they don't know how. We teach them how to socialize with people and other animals so they can get good homes.

I love taking care of kittens. My favorite thing to do with the kittens is play with them. Another thing I like to do with them is cuddle. I like to dress them up in cute clothes and take photos of the kittens. Fostering kittens takes a lot of work but it all pays off when they get a good home.

Isabella Berg, Grade 7

Calling all High School Students and Parents!

The Northern Region Virtual College Fair will take place Saturday, October 2nd virtually, 1 PM-3 PM. This is a chance to talk one-on-one with representatives from California Colleges and Universities. There will also be live workshops on how to fill out the financial aid application. This event is for all high school students: Freshman through Seniors! Visit hcoe.org/college-fair to register!

CTE: CULINARY CLASS

I have always enjoyed cooking and the school finally has a cooking class so I signed up right away. On the first day of CTE Culinary we were cutting fruits, cheese, and making chocolate covered strawberries. Then in the second class we started doing things like shucking corn, grating carrots, chopping cabbage, and plating all of the food.

Some of the things that we are expected to do in the class are learning how to use knives correctly, prepping more meals, and learning how to be safe in a kitchen environment.

So far there have been a few accidents; there were two people who got cut and the teacher forgot about the running water in the pot and it overflowed.

If you enjoy cooking, I would definitely recommend that you take one of these classes because they are very fun and interesting. If you are not interested in taking a cooking class there are a few other classes that might interest you such as CTE Horticulture and CTE Woodworking.

Ian Rowley-Grade 11

On-Campus Labs
Study Hall - M-F
 9-1 with Tony
 1-3 with Jasper



On-Campus Math Lab
 Grades 3-12

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|-------------------------|--------------------------|-------------------------|-------------------------|
| Charity 10:00 - 12:30 | Jasper 10:00 - 12:00 | Charity 10:00 - 12:30 | Jasper 10:00 - 12:00 | Jasper 10:00 - 12:00 |
| Charity 1:00 - 3:00 | Cassie 12:00 - 3:00 | Charity 1:00 - 3:00 | Cassie 12:00-3:00 | Cassie 12:00-3:00 |

Science Lab with Brooke (also available Virtually)
 Grades 5-12
 Mondays, 2:00-3:30
 Room 1

Spanish Lab with Erica (also available Virtually -
<https://us04web.zoom.us/j/72446300526?pwd=dkg4KzlaYjR4RlZua2NmbThjMFF3QT09>

Meeting ID: 724 4630 0526
Passcode: spanish
 All Grades
 Wednesdays, 2:00-3:00
 Room 2



Writing Lab with Jeff
 All Grades
 Tuesdays & Thursdays, 11:30-12:40
 Room 2

Virtual Labs
Virtual Math Lab
 Grades 3-12

Students can log on virtually to [meet.google.com](https://meet.google.com/mathlab123) with the code **mathlab123**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|--------------------|---------------------|--------------------|-----------------------|
| Jasper 10:00 - 12:30 | | Jasper 10:00- 12:30 | | Adelinea 10:00- 11:30 |
| Sandy 1:00-3:00 | Sandy 12:00 - 3:00 | Sandy 1:00-3:00 | Sandy 12:00 - 3:00 | Adelinea 12:00- 3:00 |

Virtual Writing Lab with Sunshine -Writing homework help (Grades 3-8)
<https://us04web.zoom.us/j/76465093175?pwd=UIJaS1VuRytOV0Q2d2RzWmIzBfVodz09>

Meeting ID: 764 6509 3175 Passcode: GQ9DPH

Tuesdays & Thursdays, 8:40-9:50

The Geography Bee has been cancelled again for this school year.

Sign up for a FREE Math and/or Reading program

Did you know that is as little as 15 minutes a day, your student can work towards closing gaps they have in Reading and/or Mathematics? Ask your CT today if you would like for your student to participate in this FREE program, courtesy of Alder Grove Charter School!!

Targeted Intervention that Delivers a Better Path Forward

Edgenuity **MyPath® K-5** and **MyPath® 6-12** are personalized learning programs for reading and math that deliver high-impact, engaging lessons that target the specific skills students need to get back to grade level. These innovative programs tailor learning to the needs of each student with technology that prioritizes age-appropriate content and optimizes learning to maximize student success.

MyPath K-5

ELEMENTARY SCHOOL

Edgenuity
MyPath®

MIDDLE + HIGH SCHOOL

CR COLLEGE OF THE REDWOODS

EARLY COLLEGE PROGRAM!

Earn high school and college credit at the same time!

NO COST TO STUDENTS!

- Complete a CR online application
- Complete a concurrent enrollment form and return to the office
- Register for classes within two business days
- Contact your CT or jen.burtram@aldergrovecharter.org for more info

Students can take any classes offered at CR including ASL, Science, Math, English, Art, Theater, Spanish, Construction, Computer Science, History, Music...and MORE!! Check it out www.redwoods.edu

CR COLLEGE OF THE REDWOODS

COLLEGE CREDIT FOR WORKING AND VOLUNTEERING!

- Apply to CR online
- Complete a Concurrent Enrollment Form
- Sign up for CR Work Experience (Through AG and put on master)
- Pick one day/time per week to check in virtually or in person with instructor (Jen) for 10 mins.
- Earn 1 college credit per semester.



We made it through the first week of classes! I just wanted to send a special thank you for encouraging your students to take CTE classes!

Here are some pics of our students and teachers making the classes possible.

-Jen Burtram



Writing Classes with Laurie — 2021-2022

These classes are intended for any student who needs extra support for writing. Please contact your CT to sign up or with any questions.

Tuesdays:

Session 1 - 10:15am-11am (grades 2 - 4 only)

Session 2 - 11:35pm-12:20pm (grades 3 and up)

Wednesdays:

Session 1 - 11:30am - 12:15pm (grades 3 and up)

Session 2 - 1:00pm - 1:45pm (grades 3 and up)

Thursdays:

Session 1 - 10:15am - 11am (grades 7-12)

Session 2 - 11:35am- 12:20pm (grades 7-12)



Wednesday Parent/Student (TK-2) Virtual Workshop with Terri Tripp:

I will be continuing a primarily virtual workshop this year, and I am hoping it will allow for more families to join the Google classroom. If you were in the group last year, you will still be receiving my weekly posts.

All participants will have access to last year's posts to refer to and utilize. I will post new resources and activities to assist with teaching reading, writing and math in your home each Wednesday with a live workshop opportunity on the last Wednesday of each learning period.

I will invite you to join the live workshop from 11:30am-12:30pm on the last Wednesday of each learning period in the Rainbow Room. Parents and students can share their projects and engage in activities together.

Even if you are not able to join in the live class, you are welcome to join the Google classroom for the resources. We will spend learning periods 1, 3, and 5 on reading and writing. Learning periods 2, 4 and 6 will focus on math.

Parents are welcome to message me at any time through the Google Classroom or email me directly for assistance or resource help.

Please email: terri.tripp@aldergrovecharter.org if you would like an invite.



HUMBOLDT COUNTY CHILDREN'S AUTHOR FESTIVAL

**2021 VIRTUAL CHALLENGE
SEPTEMBER 20 - OCTOBER 23**

SIGN UP for a family Beanstack account or
pick up a paper log at your public library

SET your personal reading goal

TRACK your reading

PARTICIPATE in fun
activities and win a prize



TO GET STARTED WITH BEANSTACK

Download the **Beanstack Tracker** mobile app
(available in Google Play and the App Store)
Search for 'Humboldt County Library System (CA),
follow the prompts to register, and
choose your reading challenges.

Or visit the website:

<https://humlib.beanstack.org>



What is GSA and What Does it Mean to Me?

Well, I will answer that!

To start, GSA clubs or GSAs are an organization that helps support LGBT youth or helps educate allies. The first ever GSA club on record was formed in 1988 in Massachusetts, they named it the Gay Straight Alliance club. From there, clubs started forming around the country to help students at school feel more comfortable and accepted in their environment. Originally, the name GSA was short for Gay Straight Alliance at the time, but over the years it has been changed to Gender and Sexuality Alliance, which feels more inclusive for people of all identities, not just those who just identified with the term gay. The impact of having GSA clubs in schools can not only help students feel comfortable, but they are also a place to talk about social justice issues and for individuals to express their identities, which may not be accepted in home or other environments. Having a GSA club in school has been proven to help mental health in students and make the rates of being discriminated against in school lower.



Why is GSA important to me? I personally find it important to support students of all identities and possibly educate people who may have little knowledge of the LGBTQ+ community or matters surrounding it. Joining the club has made me feel more comfortable and safe at school. Making what may seem like a tiny difference in schools such as adding GSAs, or other safe spaces for minorities, could make a big impact on how our society runs today.

Manerva Temesgan, Grade 11

SCIENCE FAIR!!

It's never too soon to start planning for the Science Fair! Alder Grove students are invited to participate in our school Science Fair, as well as the Humboldt County Science Fair (March, 2022- dates still currently TBA!) If you think your student may like to participate, there will be a Science Fair Information meeting at school both in December and January. If you have any questions before that, please contact our science fair coordinator Kathy Yeager. You can look for her at school or email at:

kathy.yeager@aldergrovecharter.org

WHAT IS THE SCIENCE LAB?

The Science Lab is a place for students to come and work on their hands-on lab or get help with their science coursework.

FREE

HYBRID (VIRTUAL OR IN PERSON)

5th - 12th GRADERS

MONDAYS from 2:00 - 3:30pm

Sign up by completing an Onsite Class Registration Form



In need of food assistance during these difficult times?

<https://www.foodforpeople.org/content/are-you-need-food-assistance-during-these-difficult-times>

| WorkAbility I (WAI) | Transition Partnership Program (TPP) |
|---|--|
|  |  |
|  <p>Who we are A California transition support program serving Humboldt County by helping students prepare for life outside of high school.</p> |  <p>Who we are A statewide vocational training program designed to prepare high school students (16-21) for future employment.</p> |
| <p>Funded by California Department of Education (CDE)</p> | <p>Funded by California Department of Rehabilitation (DOR)</p> |
|  <p>Who is eligible High School students with an active IEP</p> | <p>Who is eligible High School students between the ages of 16 and 21 and at least one of these options is true:</p> <ul style="list-style-type: none"> • Have a 504 Plan or are eligible for one • Have an IEP • Other documented disability |
| <p>What are WAI Student Services</p> <ul style="list-style-type: none"> • Assessments (Career, Learning Style, Soft Skills, etc.) • Exposure to Post-Secondary Education Opportunities • Career Exploration (options that lead to a living wage) • Job Seeking Skills • On-the-Job Coaching • Practice in Self-Advocacy (communicating their disability-related work support and accommodation needs.) • Independent Living Skills (potential for paid work experience) | <p>What are TPP Student Services</p> <ul style="list-style-type: none"> • Job Exploration • Workplace Readiness Training • Work-Based Learning Experiences (including paid employment) • Post-Secondary Counseling • Self Advocacy |
| <p>How to Get Started? Request a 1 on 1 meeting Teachers: schedule classroom or small group presentations</p> | <p>How to Get Started? Contact your high school TPP office</p> |
| <p>Contact Tabatha Pittman, Lead Vocation Caseworker 707-441-3927 tpitman@hcoe.org</p> | <p>Contact</p> <div style="border: 1px solid gray; height: 30px; width: 100%;"></div> |
| <p>With an IEP you can be a part of both programs!</p>  | |

TPP/Workability:
Students with IEP/504s who want to explore careers and get work experience, contact:
jaime.may@aldergrovecharter.org

Check out the [College and Career Website](#)
Saturday October 2, [Virtual College Fair](#).

PSAT/SAT
SAT and PSAT 11 (Grades 11 and 12): Wednesday, October 13 @ 9:00-1:00.

Please tell your CT or email jen.burtram@aldergrovecharter.org to be added to the schedule.

Are you interested in becoming a career mentor for our students?

Contact jen.burtram@aldergrovecharter.org for more info! Thank you!

What is a Cal Grant Award?
<https://www.csac.ca.gov/post/what-cal-grant-award>

Humboldt Area Foundation Scholarship Workbook: <https://www.hafoundation.org/Portals/0/Uploads/Documents/Grantmaking/Scholarships/2021.2022%20Scholarship%20Preparation%20Workbook%20Updated.pdf>

ATTENTION SENIORS!!

I just wanted to remind you about the [FAFSA!](#) The FREE Application for Federal Student Aid.

This is your ticket to two free years of community college as well as extra money from the [CAL GRANT](#) for college/training to use for books, computers, etc. for school! The FAFSA is also used to determine eligibility for many scholarships!

I have two awesome Student Success Coaches this year to assist our seniors in completing the FAFSA! Their names are Brianna and Charlie. They might be calling you soon to set up a time to chat about your future plans and help you complete this important application.

Please contact jenburtram@aldergrovecharter.org if you have any questions!



If you're noticing signs of your student struggling with their emotions (e.g. changes in ability to focus, sleep, or cope, etc.) please reach out to our School Psychologist, Crystal Collins. (707-572-6846) There are many options for support that we would love to explore and share with you.

SCHOOL SAFETY AND CRISIS

ADDRESSING GRIEF IN CHILDREN: TIPS FOR PARENTS AND EDUCATORS

Grief can result from many types of loss (e.g., death, divorce, transitions). How children grieve can be influenced by age, cultural traditions, religious beliefs, mental health, disabilities, and other factors. Grieving does not have a timeline, and schools and families should be aware of anniversaries, birthdays, developmental milestones, and other factors that could affect students months or years after the loss.

AGE AND DEVELOPMENTAL GRIEF REACTIONS

Preschool

Acting out, regressive behaviors, being more quiet than usual, increased anxiety

Elementary School

Difficulty in school performance or attendance, sleeping, eating; irritability, aggression, and disruptive behaviors; social withdrawal; guilt, depression, and anxiety; repeated retelling of events

Middle & High School

Difficulty in school performance or attendance; avoidance, withdrawal, high-risk behaviors or substance abuse; difficulty with peer relations, nightmares, flashbacks, emotional numbing, or depression

GRIEF MILESTONES

Children may experience and reexperience:

- Acceptance of the loss
- Feelings/emotional pain
- Adjusting to changes/altered environments
- Finding ways to remember/memorialize the deceased



ADDITIONAL ATTENTION

Children exhibiting the following might require additional attention:

- Loss of interest in daily activities
- Changes in eating and sleeping habits
- Wishing to be with the deceased loved one
- Fear of being alone
- Significant decreases in school performance or attendance
- Increased physical complaints



HOW TO HELP

- Maintain normal routines as much as possible.
- Ask questions to determine the child's understanding of the event and emotional state.
- Give the child permission to grieve.
- Provide age and developmentally appropriate answers/support.
- Connect the child with professionals and other trusted adults.
- Help children adopt healthy coping strategies.



THINGS TO AVOID

- Inaccurate descriptions when referring to the deceased, such as "They are sleeping," or "They went away"
- Reducing the loss (e.g., "It was just your great aunt")
- Imposing a time frame to complete the grieving process
- Overidentifying (e.g., "I know how you feel")
- Oversharing (e.g., "When I lost my mom to cancer"); not everyone handles loss and grief the same way



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For additional guidance, visit
www.nasponline.org/safety-and-crisis.

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PREVENTING YOUTH SUICIDE: TIPS FOR PARENTS AND EDUCATORS

Suicide is preventable. Youth who are contemplating suicide frequently give warning signs. Do not be afraid to ask about suicidal thoughts. Never take warning signs lightly or promise to keep them secret.

RISK FACTORS

- Hopelessness
- Nonsuicidal self-injury (e.g., cutting)
- Mental illness and substance abuse
- History of suicidal thinking and behavior
- Prior suicide among peers or family members
- Interpersonal conflict, family stress/dysfunction
- Presence of a firearm in the home

WARNING SIGNS

- Suicidal threats in the form of direct (e.g., "I want to die") and indirect (e.g., "I wish I could go to sleep and not wake up") statements
- Suicide notes, plans, online postings
- Making final arrangements
- Preoccupation with death
- Giving away prized possessions
- Talking about death
- Sudden unexplained happiness
- Increased risk taking
- Heavy drug/alcohol use

If you or someone you know is suicidal, get help immediately via 911, the National Suicide Prevention Lifeline at 1-800-273-TALK, or the Crisis Text Line (text "HOME" to 741741).



WHAT TO DO

- Remain calm and nonjudgmental; listen.
- Ask directly about suicide (e.g., "Are you thinking about suicide?").
- Avoid being accusatory (e.g., don't say, "You aren't going to do anything stupid are you?").
- Reassure them that there is help; they will not feel like this forever.
- Provide constant supervision. Do not leave the youth alone.
- Remove means for self-harm, especially firearms.
- Get help! Never agree to keep suicidal thoughts a secret. Tell an appropriate caregiving adult.
- School staff should take the student to a school-employed mental health professional.



REMINDERS FOR PARENTS

- Continue to take threats seriously. Follow-through is important even after the child calms down or informs the parent they "didn't mean it."
- Access school supports. Parents can give the school psychologist permission to contact the referral agency, provide referral information, and follow up on the visit.
- Maintain communication with school. After an intervention, the school will also provide follow-up supports. Your communication will be crucial to ensuring that the school is the safest, most comfortable place possible for your child.



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For additional guidance, visit
www.nasponline.org/safety-and-crisis.

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October 2021



Sun

Mon

Tue

Wed

Thu

Fri

Sat

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|--------|----|---|-----------------------------------|----|----|-----------------------------------|
| | | | | | 1 | 2 Virtual College Fair 1pm-3pm |
| 3 | 4 | 5 Picture Day 9am-2pm | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 Governance Council Meeting 10:30am | 13 PSAT/SAT Testing 9am-1pm | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 Last day of Author Festival |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

Alder Grove Charter School
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